














GATES MANOR - JANUARY 2018



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|---|--|--|
| <i>The calendar is subject to change to meet the needs of our Residents.</i> | 1 Happy New Year 10:30-Music & Exercise 10:45- Brain Teasers 2:30-Classical Film 4:00-Room Visits  | 2 10:15-Morning Morning 10:30-News &Views 10:45 -Move to improve 2:30-Blurt Game | 3 10:15-Morning Min- gle 10:30-Move to The Beat 2:30-Jackpot Bingo | 4 10:15-Morning Mingle 10:30-Flex & Stretch 10:45-Hot Topics 2:30-Horse Racing Game | 5 10:30-Exercise to the Mu- sic 10:45-News &Views 2:30-Poetry Reading 4:00-Room visits | 6 10:45-Social Hour & Exercise 2:30-Outreach Church |
| 7 10:30-Communion 11:00-Morning Re- freshment & Current Events 2:30-Memory Lane | 8 10:15-Rise & Shine 10:30-Music & Exercise 10:45- Brain Teasers 2:30-Blurt Game 4:00-Friendly Room visits | 9 10:15-Morning Morning 10:30-News &Views 10:45 -Move to improve 2:30-Horse racing Game | 10 10:30-Coffee Social 10:45-Exercise 2:30-Flip Peters on Guitar  3:30-Refreshments 4:00- Room Visits | 11 10:30-Coffee Social 10:45-Exercise 2:30-Fresh Fruit 6:00-Beauty Night  | 12 10:15-Rise & Shine 10:30-Move To im- prove 10:40 -Sing Along 2:30-Bingo | 13 10:45-Social Hour & Exercise 2:30-Blurt Game 3:30-Refreshments |
| 14 10:30-Communion Service 11:00- Morning Re- freshment & Current Events  2:30-Film | 15 MLK Day 10:30- Music & Exercise 10:45-News & Views 2:30-MLK History  | 16 10:15-Morning Mingle 10:30-Morning Stretch 2:30- Horse racing Game 3:30-Refreshments 4:00- Room Visits | 17 10:15-Rise & Shine 10:45-Exercise to the Music  2:30-Bowling 4:00-Friendly Room visits | 18 10:15-Morning Mingle 10:30-Move with Beat 10:45 Trivia 2:30-Fun with Art  | 19 10:15-Rise & Shine 10:30-Daily Almanac 2:30-Afternoon Caba- ret with Ruth  4:00-Room Visits | 20 10:45-Social Hour 2:30-Outreach Church 3:30-Refreshments |
| 21 10:30-Communion Service 11:00-Morning Re- freshment & Current Events 2:30- Musical Film | 22 10:15-Rise & Shine 10:30-Exercise & Music 2:30-Bingo 3:30-Afternoon Refresh- ments 4:00-Friendly Room visits | 23 10:30-Morning Mingle 10:45-You Be the Judge 2:30-Charades 3:30-Refreshments 4:00- Room Visits | 24 10:15-Rise & Shine 10:30- How Many Names 2:30-Musical Entertain- ment with Carol Erick- son & Jim Ramundo 3:30-Refreshments  | 25 10:15-Rise & Shine 10:30- How Many Names 2:30-Active Games 4:00-Friendly Visits | 26 10:15-Rise & Shine 10:30-Move To Improve 1:00-Resident Council Meeting 2:30-Happy Hour 4:00-Welcome the New residents | 27 10:30-Social Hour 10:45-Exercise 11:00-Trivia 2:30-Film |
| 28 10:30-Communion 11:00-Morning Refresh- ment & Current Events 2:30 - Sunday Bingo  | 29 10:15-Rise & Shine 10:30-News & Views 2:30-Active Games 4:00-Friendly Room visits | 30 10:15-Morning Mingle 10:30-Morning Stretch 10 :45-Biographies 2:30-Horse Racing | 31 10:15-Rise & Shine 10:30- How Many Names  2:30-Bowling 4:00-Friendly Room | Happy New Year!  |  | <i>Pet Therapy is now offered 2x month and will be visiting in the mornings.</i> |