

GATES MANOR-MARCH 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
The calendar is subject to change to meet the needs of our Residents.	The Rainbow Groups meets daily in the Activity Room at 10:30 am.	gring is Coming	HAPPY ST PLINGS DAY!	1 10:15-Morning Mingle 10:30-Stretch & Flex 2:30-Horse Racing 4:00-Friendly Visits 6:00-Nail Flare	2 10:15-Rise & Shine 10:30-Fun with Names 2:30-Active Games 3:30-Refreshment	3 10:30-Coffee Social 10:45-Exercise 2:30-Bingo
4 10:30-Communion Service 11:00-Stretch & Flex 2:30-Film	5 10:15-Rise &Shine 10:30-Music & Exercise 2:30-Active Games 3:30-Light Refreshments 4:00-Friendly Visits	6 10:15-Morning Stretch 10:30-Coffee Social 2:30-Penny Pitch 3:30-Sparkling Drinks 4:00-Friendly Visits	7 10:15-Rise & Shine 10:30-Daily Words 10:45-Reminising 2:30-Fun With Art 4:00-Friendly Visits	8 10:15-Morning Mingle 10:45-Stretch &Flex 2:30-Catholic Mass 4:00-Friendly Visits 6:00-Nail Flare	9 10:15-Rise & Shine 10:30-Fun With Names 2:30-Cabaret with Ruth 4:00-Room Visits	10 10:45-Social Hour 2:30 -Outreach Church 3:30-Afternoon Re- freshment
11 Daylight Savings Begins 10:30-Communion Service 11:00-Refreshment Cluster 2:30-Film	12 10:15-Rise & Shine 10:30-Coffee Social 10:45-Current Events 2:30-Trivia 3:30-Light Refreshments 4:00-Friendly Visits	13 10:15-Morning Mingle 10:30-Morning Stretch 2:30-Active Games 3:30-Refreshments 4:00-Friendly Visits	14 10:30-Coffee Social 10:45-Exercise 2:30-Memorial Service 3:30-Refreshments 4:00-Friendly Visits	15 10:15-Morning Mingle 10:30-Stretch & Flex 10:45-Reminiscing 2:30- Fruit Salad 4:00-Friendly Visits 6:00-Beauty Night	16 10:15-Rise & Shine 10:30-Coffee Hour 2:30-Shelly Horn on the Piano 4:00-Room Visits	17 St. Patrick's Day 10:45-Social Hour 2:30-Montclair Baptist Church 3:30-Refreshments
18 10:30-Communion Service 11:00-Morning Refreshment & Current Events 2:30-Bingo	19 10:30-Music & Exercise 10:45-Coffee Social 2:30-Active Games 3:30-Refreshments 4:00-Friendly Visits	20 First Day of Spring 10:15-Morning Mingle 10:30-Morning Stretch 2:30-Horse Racing 3:30-Light Refreshments 4:00-Room Visits	21 10:15-Rise & Shine 10:30-Coffee Social 2:30-Hangman Game 3:30-Afternoon Treats 4:00-Friendly Visits	10:15-Morning Mingle 10:30-Stretch & Flex 2:30-Catholic Mass 4:00-Room Visits 6:00-Nail Flare	23 Good Friday 10:15-Rise & Shine 10:30-Fun with Names 2:30-Bingo 3:30-Afternoon Snacks 4:00-Room Visits	24 10:30-Coffee Social 10:45-Exercise 2:30-Outreach Church
25 Palm Sunday 10:30-Communion 11:00-Morning Group 2:30 -Classical Film	26 10:15-Rise & Shine 10:30-Music & Exercise 10:45-Reminising 2:30-Bingo 3:30-Refreshments 4:00-Friendly Visits	27 10:15-Morning Mingle 10:30-Morning Stretch 2:30-Family Feud 4:00-Room Visits	28 10:15-Rise & Shine 10:30-Daily Words 10:45-Exercise 2:30-Bowling 4:00-Friendly Visits	29 10:15-Rise & Shine 10:30-Coffee Social 2:30-Hangman Game 3:30-Afternoon Treats 4:00-Friendly Visits	30 Good Friday 10:15-Rise & Shine 10:30-Daily Words 1:45-Resident Council Meeting 2:30-Family Feud	31 10:30-Communion Service 11:00-Morning Refreshment & Current Events 2:30-Classical Film