



GATES MANOR - APRIL 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Easter Sunday / April Fool's Day 10:30-Communion 11:00-Stetch & Flex 2:30-Active games 3:30-Refreshments 	2 Easter Monday 10:15-Rise & Shine 10:40-Music & Exercise 2:30-Active Games 3:30-Cool Beverages 4:00-Friendly Visits	3 10:15-Rise & Shine/ Hot Topics 10:45-Exercise to the Music 2:30-Penny Pitch	4 10:15-Rise & Shine 10 :30 Exercise Program 10:40-Morning Sing along 2:30-Scattegories 4:00-Room Visits	5 10:30-Stretch & Flex 2:30-Horse racing Game 4:00- Room Visits 6:00-Nail Flare	6 10:15-Rise & Shine 10:30-Move to Improve 2:30-Charades 3:30-Happy Hour 4:00-Friendly Visits	7 10:30-Social Hour 10:40-News & Views 11:00- Exercise 2:30 -Afternoon Bingo
8 10:30-Communion 11:00-Stetch & Flex 2:30- Classical Film	9 10:15-Rise & Shine 10:30-Music & Exercise 10:45- Move to Improve 2:30- Guesstures 	10 10:15-Rise & Shine 10:45-Exercise 2:30-Musical Styling's of Don Elfante 4:00-Friendly Visits 	11 10:15-Rise & Shine 10 :30 Exercise Program 10:40-Word Games 2:30-Bowing 4:00- Room visits 	12 10:15-Morning Mingle 10:30-Highlights in History 10:45-Stretch & Flex 2:30-Catholic Mass 4:00-Room Visits 6:00-Nail Flare	13 10:15-Rise & Shine 10:30-Move to Improve 10:40-Trivia Hour 2:30-Cabaret with Ruth	14 10:30-Social Hour 10:40-Exercise 2:30-Outreach Church 3:30-Refreshments
15 10:30-Communion 11:00-Bible Trivia 2:30-Classical Film/ TV	16 10:15-Rise & Shine 10:30- Music & Exercise 10:45-News & Views 2:30-Guesstures 3:30-Lite Refreshments	17 10:15-Morning Mingle 10:30-Social Hour 2:30-Keep It Moving 3:30-Refreshments 4:00-Friendly Visits	18 10:15-Morning Mingle 10:30-Pastor Price 2:30-Carol Eriksson with Jim Romando on guitar 4:00- Friendly Visits	19 10:15-Morning Min-gle 10:45-Stretch & Flex 2:30-Fruit Salad 4:00- Room Visits 6:00-Nail Flare	20 10:40-Highlights in History 10:45-Exercise 2:30-Movie Day 4:00- Room Visits 	21 10:45-Social Hour & Exercise 2:30-Bingo 3:30-Refreshments 
22 10:30-Communion 11:00-Morning Refreshment & Current Events 2:30-Trivia 3:30-Refreshments	23 10:15-Rise & Shine 10:30-Exercise 10:40-Brain Teasers 2:30-Family Feud Game 4:00-Friendly Visits	24 10:30-Highlights in History 10:40-Opposite Words 2:30-Horse Racing 4:00-Friendly Visits	25 10:35-Highlights in History 10:45-Exercise & Games 2:30-Narrow Escape Duo 3:30-Refreshments 4:00-Room Visits	26 10:30- Social Hour 10:45-Stretch & Flex 2:30-Catholic Mass 4:00- Room Visits 6:00-Nail Flare 	27 10:35- Highlights in History 10:45-Move to Improve 1:45-Resident Council Meeting 2:30-Active Games 4:00-Room Visits	28 Chocolate Day 10:45-Social Hour and Exercise 2:30-Outreach Church 3:30-Refreshments 
29 10:30-Communion 11:00-Morning Refreshment & Current Events 2:30 - Bingo	30 10:15-Rise & Shine 10:30-Social Hour 10:40 -Hot Topics 2:30-Occupation Game 3:30-Refreshments				<i>The Rainbow Medley Program will be held daily at 10:30 am.</i>	<i>This calendar is subject to change based on the needs of our residents.</i>