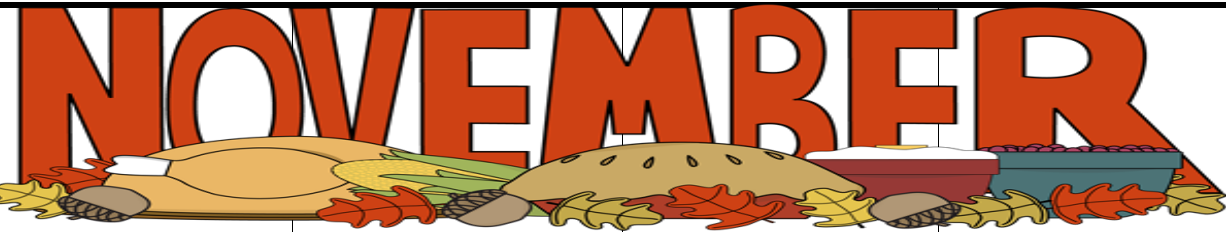


# GATES MANOR-NOVEMBER 2018



Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat



<p><b>4</b> 10:30-Communion Service 11:00-Coffee Social 2:30-Film</p>	<p><b>5</b> 10:15-Rise &amp; Shine 10:30-Music &amp; Exercise 2:30-Active Games 3:30-Light Refreshments 4:00-Friendly Visits</p>	<p><b>6</b> 10:15-Morning Stretch 10:30-Coffee Social 2:30-Penny Pitch 3:30-Sparkling Drinks 4:00-Friendly Visits</p>	<p><b>7</b> 10:15-Rise &amp; Shine 10:30-Daily Words 10:45-Reminiscing 2:30-Shelly Horne on Piano 4:00-Friendly Visits</p>	<p><b>8</b> 10:15-Morning Mingle 10:45-Stretch &amp; Flex 2:30-Pizza Toss Game 4:00-Friendly Visits 6:00-Nail Flare</p>	<p><b>9</b> 10:15-Rise &amp; Shine 10:30-Fun With Names 2:30-Afternoon Bingo 4:00-Room Visits</p>	<p><b>10</b> 10:45-Social Hour 2:30 -Outreach Church 3:30-Afternoon Refreshment</p>
<p><b>11</b> 10:30-Communion Service 11:00-Refreshment Cluster 1:30-Pastor Price 2:30-Film</p>	<p><b>12 Veterans Day</b>  10:15-Rise &amp; Shine 10:30-Coffee Social 10:45-Current Events 2:30-Active Games 3:30-Light Refreshments 4:00-Friendly Visits</p>	<p><b>13 World Kindness Day</b> 10:15-Morning Mingle 10:30-Morning Stretch 2:30-Fun with Art 3:30-Refreshments 4:00-Friendly Visits</p>	<p><b>14 World Diabetes Day</b> 10:30-Coffee Social 10:45-Exercise 2:30-Bowling 3:30-Refreshments 4:00-Friendly Visits</p>	<p><b>15</b> 10:30-Stretch &amp; Flex 10:45-Reminiscing 2:30- Catholic Mass 4:00-Friendly Visits 6:00-Beauty Night</p>	<p><b>16</b> 10:15-Rise &amp; Shine 10:30-Coffee Hour 2:30-Cabaret with Ruth 4:00-Room Visits</p>	<p><b>17</b> 10:30-Coffee Social 10:45-Highlights in History 11:00-Exercise 2:30-Bingo 3:30-Refreshments</p>
<p><b>18</b> 10:30-Communion Service 11:00-Morning Refreshment &amp; Current Events 2:30-Movie Day</p>	<p><b>19</b> 10:30-Music &amp; Exercise 10:45-Coffee Social 2:30-Active Games 3:30-Refreshments 4:00-Friendly Visits</p>	<p><b>20</b> 10:15-Morning Mingle 10:30-Morning Stretch 2:30-Sing Along with Grace 3:30-Light Refreshments 4:00-Room Visits</p>	<p><b>21</b> 10:15-Rise &amp; Shine 10:30-Coffee Social 2:30-Horse Racing Game 3:30-Afternoon Treats 4:00-Friendly Visits</p>	<p><b>22 Thanksgiving Day</b> 10:15-Morning Mingle 10:30-Stretch &amp; Flex 2:30-Classic Film 4:00-Room Visits 6:00-Nail Flare</p>	<p><b>23</b> 10:15-Rise &amp; Shine 10:30-Fun with Names 2:30- Happy Hour 4:00-Room Visits</p>	<p><b>24</b> 10:30-Coffee Social 10:45-Exercise 2:30-Outreach Church</p>
<p><b>25</b> 10:30-Communion 11:00-Morning Group 2:30 -Classical Film</p>	<p><b>26</b> 10:30-Music &amp; Exercise 10:45-Reminiscing 2:30-Concert with Christine DeLeon 3:30-Monthly Birthday Party</p>	<p><b>27</b> 10:15-Morning Mingle 10:30-Morning Stretch 2:30-Family Feud 4:00-Room Visits</p>	<p><b>28</b> 10:15-Rise &amp; Shine 10:30-Daily Words 10:45-Exercise 2:30-Bowling 4:00-Friendly Visits</p>	<p><b>29</b> 10:15-Rise &amp; Shine 10:30-Coffee Social 2:30-Catholic Mass 3:30-Afternoon Treats 4:00-Friendly Visits</p>	<p><b>30</b> 10:15-Rise &amp; Shine 10:30-Resident Council Meeting 2:30-Active Games 3:30 Refreshments</p>	<p><i>The calendar is subject to change to meet the needs of our Residents.</i></p>